



TMJ Mastery: Principles, Applications, and Disc Displacements

Instructed by John Corry, RMT

Registration Deadline: April 11, 2025

Date:	April 25-27, 2025 (3-day course)	Maximum: 24 Registrants
Time:	8:30am–5:00pm lunch (11:45am–12:45pm) / Break(s): 10:00am-10:15am & 3:00pm-3:15pm	
Location:	Chateau Saint John Hotel & Suites 369 Rockland Road Saint John, NB E2K 3W3	
Fee:	\$450 (ANBMT member)	\$550 (Non-Member)
	<i>*If you were to enroll in this course directly through the instructor, the fee would be \$550 + HST.</i> (PAYMENT <u>MUST</u> ACCOMPANY REGISTRATION; <u>NO RESERVATIONS ACCEPTED</u>)	
CEUs:	16 hours (Previously approved by the CMTNB in 2018)	

Preferred room rate: Chateau Saint John, \$129.00 + taxes (15% HST and 3.5% MAT) per day night (2 queen beds), includes breakfast, WIFI, and free parking. A block of 10 rooms have been reserved. Book one month in advance to secure a room. **Phone: 506-644-4444 Booking Reference: ANBMT Group.**

Course Details

TMJ Mastery is a 3-day integrative workshop focused on intraoral techniques that explore TMJ dysfunction. Included is a comprehensive visual study of the continuum of articular disc derangement, and techniques that may restore function or alter further degeneration.

This course aims to develop the TMJ/intraoral topics covered in the original 2200-hour massage therapy curriculum. Therefore, this is a graduate course where certain assumptions will be made regarding your familiarity with the anatomy, physiology and mechanical function of the head, neck, and face. The workshop is not designed as a definitive and comprehensive evidence-based research project, but rather as a functional set of ideas and principles that could bring new possibilities into a massage therapists' repertoire. We incorporate myofascial techniques affecting the masticatory musculature and develop strategies to assess and restore symmetric condylar movement. The intraoral techniques will also include joint mobilizations that attempt to de-compress and restore articular disc space.

Why choose this course?

Building a niche: Treating TMJ dysfunction offers an opportunity to distinguish oneself within this competitive profession; intraoral treatment is still NOT addressed by most massage therapists.

TMJ dysfunction is widespread: A 2007 survey showed 72% (185) clench their teeth—resulting in overworked chewing muscles, pain, often headaches, and many with noisy joints. Many people with TMJD wait years before seeking treatment and say their dental appliances don't resolve everything.

What to Bring

- Portable massage table (1 per 2 participants)
- Nitrile gloves (full box)
- 1 bath towel / 1 sheet / 1 pillow / Light blanket (optional)*

- Lotion (no oil, please)
- Binder / pen / 4 coloured highlighters / coloured pencils
- Snacks/Water/Lunch
- The instructor will email participants the course PDF slide deck along with the first morning slides available on a pre-course video via Vimeo link, which will cover logistical information.
- For those interested in following updates, please check out the Instagram link for the NEW Spring 2024 page. https://www.instagram.com/tmj mastery?igsh=eG5tbXF6emF1aGN2&utm_source=qr

About the Instructor

John Corry graduated in 1989 from Sutherland-Chan School in Toronto. In 1992, he attended a mentoring workshop called “Working in the Mouth” and discovered that many of the clients present a malfunction of the TMJ—but thought nothing could be done. He has been an instructor in London massage therapy school, has presented at provincial massage therapy conferences, international fitness symposia; a virtual global internet conference on massage, and published a series of 3-part articles on TMJ dysfunction in a national massage therapy magazine.

In the new millennium, John’s mentor encouraged him to meet the demand of this niche modality and the TMJ Mastery workshop was created. He lives and works in Smiths Cove, Nova Scotia, and receives TMJD clients from word-of-mouth, chiropractors, dentists, speech-language pathologists, and music/vocal coaches. In his free time, cycle touring and black & white photography offer creative opportunities.



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Portable Table: YES NO

(Please print clearly)

Name: _____ RMT #: _____

Address: _____

Telephone: (Home) _____ (Work) _____ (Cell) _____

Email: _____

Status: Member Non-member Association: _____

Method of Payment Cheque Money order PayPal ***(Registration form must be submitted)**

Credit Card ***Please contact the ANBMT anbmt@anbmt.ca to pay by credit card.** E-transfer

***DISCLAIMER: There is a PAYPAL transaction fee that is charged by PAYPAL to use this method of payment. Should a refund be requested or required, the refund will be issued less the PAYPAL transaction fee.**

***No refunds will be given after the registration deadline**

Please Return Registration Form and Payment

Association of New Brunswick Massage Therapists (ANBMT)

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