



## **Kinesiology Taping for The Massage Therapist: *Kinesiology Taping for the Massage Therapist (Level 1)* *Advance Your Massage Therapy Practice (Level 2)***

Instructed by Conor Collins, BHSc. DipSIT, RMT, CAMA, FMT

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**Registration Deadline: 4 May 2018**

**Date:** May 26–May 27, 2018 (2-day course) **Maximum: 18 Registrants**  
**Time:** 9:00 am–5:00 pm Lunch (12:30pm–1:30pm) / Break(s): 10:00am-10:15am & 3:00pm-3:15pm  
**Location:** Eastern College Saint John  
Unit#123–212 McAllister Drive  
Saint John, NB, E2J 2S7  
**Fee:** \$325.00 (ANBMT members only) Non-Member: \$425.00  
(PAYMENT MUST ACCOMPANY REGISTRATION; NO RESERVATIONS ACCEPTED)  
**CEUs:** 6.5 Category A CEUs (CMTNB Approved)

### **Course Details**

#### ***Kinesiology Taping for the Massage Therapist (Level 1)***

This course looks at the current thought processes surrounding the use of kinesiology tape in a massage therapy practice. It is a blend of theory and practical application and is designed to give the massage therapist a better understanding of how to integrate taping into a clinical practice. Throughout the course topics discussed will include taping applications as they pertain to the management of pain, swelling, biofeedback, fatigue, strength and power. Through knowledge gained during the course the attendee will learn effective strategies for managing dysfunctions in movement and fascial stiffness.

### **Objectives**

**The overall course objectives are to give the massage therapist a competent understanding of:**

- The current thought processes surrounding the use of kinesiology tape in a massage therapy practice
- A review of regional anatomy for the body regions discussed and/or taped
- A review of the current physiology, pathology and thought processes around pain, injury and disease
- The current evidence and research about the use of kinesiology tape in a massage therapy practice as it pertains to pain, swelling, fatigue, strength and power
- Commonly used taping applications to help manage patient presentations including: pain, swelling, scarring, biofeedback, movement and fascial stiffness

#### ***Advance Your Massage Therapy Practice: The Clinical Use of Tape and Manual Therapy in a Massage Therapy Practice (Level 2)***

This course looks at the current thought processes and evidence around manual therapy and injury. It is a blend of evidence, taping and manual therapy and is designed to give the massage therapist a better understanding of their own clinical practice. This course has been created to improve therapist outcomes in the most challenging and difficult patient presentations.

### **Objectives**

**The overall course objectives are to give the massage therapist a competent understanding of:**

- A review of the current anatomy, assessment, treatment, physiology, pathology and thought processes surrounding peripheral nerve injury
- A review of the current anatomy, assessment, treatment, physiology, pathology and thought processes surrounding tendon injuries

-Commonly used management strategies when assessing & treating tone, spasm, and acute pain  
-Practical experience in assessing, palpating, taping and applying commonly used techniques as they pertain to the above mentioned topics

**What to Bring**

- Snacks, lunch, water
- Tank top/shorts
- Tape will be provided (Nitto Tape)

**About the Instructor**

Conor is in his eleventh year of manual therapy and movement education. As both a massage therapist and sports injury therapist, Conor provides a unique approach to clinical practice combining disciplines of manual therapy integrated with movement based rehabilitation strategies.

With over a decade of taping experience, Conor applies new concepts of movement-based taping with traditional athletic taping protocols. Outside of clinical practice, Conor instructs upcoming manual therapists at the college level.

During his career, he has also had the pleasure of managing athletes and consulting for national level and club teams in both the NHL and NCAA. Conor shares a special clinical interest in concussion management and has spent many years treating endurance triathletes and runners.



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(Please print clearly)

Name: \_\_\_\_\_ RMT #: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

Email: \_\_\_\_\_

Status: Member  Non-member  Association: \_\_\_\_\_

Method of Payment:  Cheque  Money order  PayPal \*(Registration form must be submitted)

E-transfer (please make known your security answer by email if it is not your RMT#)

**\*No refunds will be given after the registration deadline\***

In the unforeseen circumstance of bad weather, we will notify you by 7:00 a.m. (at the very latest) on the day of the workshop.

**Please Return Registration Form and Payment:**

Association of New Brunswick Massage Therapists (ANBMT)

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