



Foundations of Healing Touch: Course 1

Instructed by Jackie Victor BSc., R.Ac., n.d. CHTP /Doctorate in Natural Medicine: Bilingual

Registration Deadline: 23 August 2019

Date: September 7-8, 2019 (2-day) **Maximum: 30 Registrants**
Time: 8:30am–6:30pm Saturday; 8:30am–6:30pm Sunday (Lunch 30 min. both days with 15 min breaks in am and pm)
Location: Chateau Saint John - Hotel & Suites
369 Rockland Road
Saint John, N.B. E2K 3W3
Fee: **\$325.00** (ANBMT members only) Non-Member: **\$425.00**
(PAYMENT MUST ACCOMPANY REGISTRATION; (RESERVATIONS NOT ACCEPTED)
CEUs: **9 Category B CEUs (CMTNB Approved)**

Preferred Room Rate: Chateau Saint John, \$139.99 plus taxes per night (includes breakfast and Wi-Fi). Phone: 506-644-4444
Booking Reference: ANBMT Group

What is Healing Touch? Healing Touch is a relaxing, nurturing, heart-centered energy therapy. Healing Touch uses gentle, intentional touch that assists in balancing physical, emotional, mental, and spiritual well-being. Classified by the National Institutes of Health as a biofield therapy and nursing intervention, Healing Touch may be used to address the North American Nursing Diagnosis Association (NANDA-1) diagnosis of “Imbalanced Energy Field.” Healing Touch is a collection of standardized, non-invasive techniques that clear, energize, and balance the human and environmental energy fields. Healing Touch assists in creating a coherent and balanced energy field, supporting one’s inherent ability to heal. It is safe for all ages and works in harmony with, is complementary to, and may be integrated with standard medical care. ***A wonderful self-care weekend for you!***

The participants will learn about the research basis that suggests Healing Touch is beneficial in: calming anxiety and reducing symptoms of depression, decreasing pain, strengthening the immune system; enhancing recovery from surgery, complementing care for neck and spine problems; deepening spiritual connection, supporting cancer care, creating a sense of well-being, easing acute and chronic conditions; and supporting resiliency in health care providers.

Highly experiential as well as didactic, this exceptional five-course certificate program, moves from introductory to advanced practice, preparing the participant for a critical role in the unfolding field of complementary and integrative health care. The course of study focuses not only upon professional caring for and serving of others, but also upon transformational self-development and caring for oneself.

A **benevolent energy therapy** for health professionals and people involved in wellness.

Course Description

The theoretical concepts that underlie holistic healthcare practices are explored along with how these concepts relate to the core values, which guide the practice of Healing Touch. Healing Touch techniques used in the etheric field are acquired along with an understanding of how these techniques interface with the human biofield.

Course Objectives

The participant will be able to:

1. Explore qualities and self-care needs of a Healing Touch practitioner.
2. Discuss the facets of Healing Touch and correlate techniques that support physical, mental, emotional, and/or spiritual healing.
3. Demonstrate Healing Presence: the ability to remain grounded, present, and heart-centered.

4. Describe personal perceptions of subtle energy/heart-centeredness.
5. Apply the Healing Touch framework to a variety of energy interventions.
6. Evaluate the seven energy centers (chakras) and related energy layers that surround the body.
7. Describe rationale with use of specific Healing Touch techniques.
8. Discuss the Healing Beyond Border's code of ethics, standards of practice, and scope of practice.

What to Bring

- Snacks, lunch, water
- Loose comfortable clothing; bring a sweater, as body temperature can fluctuate with energy treatments
- **Portable Massage Table (1 per 2 participants)**

About the Instructor

Jackie Victor, BSc., R.Ac., n.d. CHTP /I Doctorate in Natural Medicine, Registered Acupuncturist, Registered Naturotherapist. Healing Beyond Borders certified Healing Touch Instructor, fluently bilingual. With a strong desire to help others, Jackie began her full-time practice in 2011, treating patients as young as 2 weeks-old to patients that are 90 years-young. Her passion is to help others discover the healing benefits of integrating natural and traditional medicine and finding the balance of optimal health. Jackie's many other studies include: Craniosacral therapy, NLP, Timeline Therapy, and Zero Balancing Therapy. Jackie is the President of the Maritime Association of Registered Acupuncturists (MARA).

For more in-depth information regarding the entire curriculum, research, etc. please visit: www.healingbeyondborders.org



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Portable Table: Yes No **Manual:** French English

(Please print clearly)

Name: _____ RMT #: _____

Address: _____

Telephone: (Home) _____ (Work) _____ (Cell) _____

Email: _____

Status: Member Non-member Association: _____

Method of Payment: Cheque Money order PayPal *(Registration form must be submitted)

E-transfer (please make known your security answer by email if it is not your RMT#)

No refunds will be given after the registration deadline

In the unforeseen circumstance of bad weather, we will notify you by 7:00 a.m. (at the very latest) on the day of the workshop.

Please Return Registration Form and Payment:

Association of New Brunswick Massage Therapists (ANBMT)

P.O. Box 323, STN "A"

Fredericton, N.B. E3B 4Y9

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